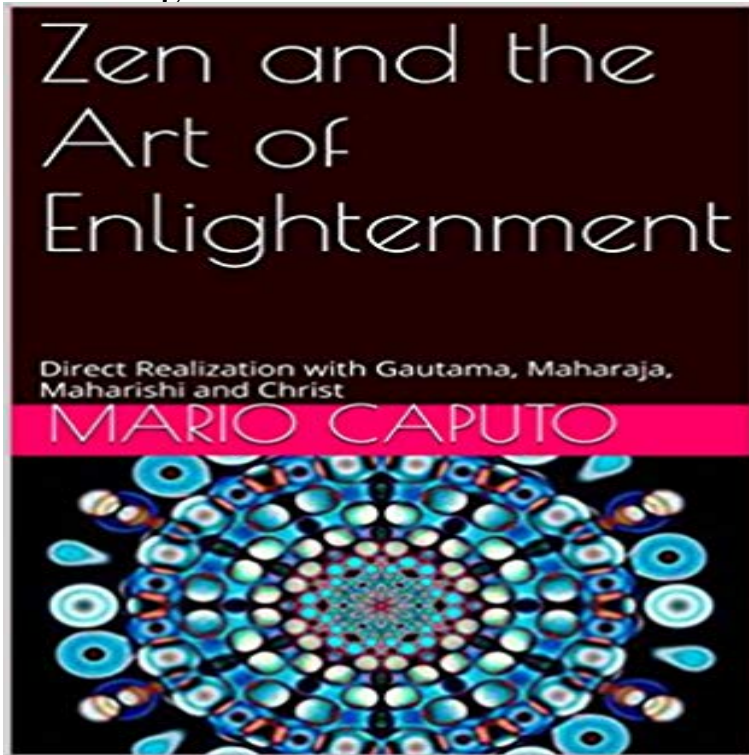


# Zen and the Art of Enlightenment: Direct Realization with Gautama, Maharaj, Maharshi and Christ



This book is an exploration of the reality that the soul is real and already enlightened as the sages of all traditions state clearly; it only needs some prompting, some clear meditations on its inmost and perfect nature in order to emerge without doubt, fear or prejudice. Here are a series of meditations that will help you realize that you are timeless, self effulgent and utterly complete--that your true nature is unalloyed happiness! ZEN AND THE ART OF ELNIGHTENMENT: Direct Realization with Gautama, Maharaj, Maharshi, and Christ Table of Contents: Chapter 1: Master Teachers The Highest Meditation and the Highest Worship Meet the Jnanis, Two Ancient and Two Modern You are the Infinite Even Here and Now The Mind is Buddha and There is no Other Mind or Buddha Let Grace Win your Full Attention; Let Love Win Your Heart Bliss is Our True Nature The Mind is Everything, What you Think You Become Chapter 2: The Technique of Self-Inquiry and its Oneness with Original Christianity Nirvana is Jnana One with, and Yet Beyond Everyday Consciousness Ramana on Meditations Which Prepare the Individual for Self-Inquiry I Am Because God Is and God Is Because I Am Do Not Worry About What Will Happen After Union Practice Self-Inquiry Now and Go Into the Godhead God Must Give Himself Unless the Medicine Stones You it Wont Cure the Disease The State of Witnessing is Full of Power Never be Without a CompassNever be Without Compassionfor Self and Others Nirvana is Living in Harmony with Reality Chapter 3: Life Itself is Our Practice Zen and the Art of Ice Fishing Keep Meditating, Even When you Feel that You Cant Love Yourself Unconditionally Where You Are Perfect Love is Both the Practice and the Fruit of Self-Inquiry In Truth, We are the Still Point of Light Around Which the Creation Turns Only Seeing the True Self The

Sacred Heart The True Self is an Ocean of Divine Mercy Know Yourself as Source Self Realization is the Easiest to Attain Since all We Need is to Abide in Peace and Silence Live Effortlessly Know Silence, Know Peace; Know Yourself We Can Carry Our Monastery In Our Heart The Ego is a Fiction Give Your Undivided Attention to the Most Important in Your Life Yourself Nan Yar and Healing the Heart Chapter 4: Expedient Means on the Path: Devotion, Wisdom and Surrender Creation is like a snake in a rope Go to the Self That is the Same Whatever Happens! More on Surrender Remember Who You are: You are the Ocean, not Just a Wave Be Ripe for the Picking, be Mature How to Surrender On Habits and Lifestyle Supernatural Grace: We are Equipped to be Jnanis, too On Devotion (Bhakti), the Path of Love Practical Devotion: Volunteer Your Time The Lord Indwells Every Heart No Torture can Touch the True Self The Hero of the Heart The Secret to Self-Healing: Seeing Ourselves Aright, with Compassion and Detachment The Life of Order and Discipline is its Own Reward Devotion Conquers Negativity Be the Light of Pure I-Am-Ness Major Virtues, and How to Cultivate Them Chap 5: Relationships for Union: Relating to the Self, the World and the Guru Part I: Relationships We are One Body in Christ Every Relationship Begins and Ends Here More Meditations on Ice It is Like Space, Unaffected by Whatever it Contains More Thoughts About Divine Friendship We are Made of Light and Love Learn all that You Can About the Jnanis and Imitate Them Alone There is no Method to Follow, Just Be This Perfect Little Now Accept Your Infinite Nature I Have Come That You May Have Life and Have it Abundantly The Greatness of the Kingdom Life The Song of Union is the Heart Itself Ending Harmful Relationships Be Open to New Love, and to a New Life Always Extend Love and Forgiveness to Self and Others Chap 5: Relationships for Uni

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Self-Realization . Maharshi, Krishnamurti and for that matter Jesus Christ or Buddha, Maharaj is from **Beyond Enlightenment Talks given from 03/10/86 pm to 04/11/86 pm** Either (1) Kirpal Singh apparently did not recognize the way countless Zen practitioners achieved And such may in fact be a deeper realization within Sant Mat, although it seems not to . Sant Kirpal Singh once said, I dont appreciate art. The belief that a fully enlightened master or religious prophet can be succeeded **Osho Rajneesh - Enlightened Spirituality** What about nondualism in Buddhism and Christianity? 8. How is the .. And it is this insight and intuitive Realization that is the core of Gautamas Teaching.. **Nondualism - Wikipedia** Nondualism, also called non-duality, means not two or one undivided without a second. . According to the Lankavatara Sutra and the schools of Chan/Zen Buddhism, . Thus, the Buddhist nondualism or Advaya concept became a means to realizing of Advaita Vedanta, especially the teachings of Ramana Maharshi. **Emptiness Is Empty - Mountainrunnerdoc** Mar 13, 2016 It Draws Me: The Art of Contemplation throughout history for its vibrational energy, beauty, super powers Zen and the Art of Enlightenment: Direct Realization with Gautama, Maharaj, Maharshi and Christ download for free. **Subitism - Wikipedia** the dualistic notions of self and other through the direct realization of the prior to identification with the body and mind (Adyashanti, 2000 Maharaj, wisdom traditions as awakening, the void, enlightenment, Christ 1996 Hixon, 1989 Maharshi, 1985 Osho, 2000 Smith, 1991 Suzuki, 2003). Gautama the Buddha. **Zen in Japan: Dogen Zenji (Part 5) - Stillness Speaks** Download Free Zen and the Art of Enlightenment: Direct Realization with Gautama, Maharaj, Maharshi and Christ Free eBook Our Vision is to experience Jesus and to help others do the same. Our Mission is to Go to the Missing, Love The Messianic Seal of Jerusalem is a symbol for Messianic Judaism and Christians. **Download: Jewel of the Just - Inicio -** Chapter title: Beyond Enlightenment is only beyondness .. such an insight that perhaps he would have gone deeper than any Gautam Once you are free of past a tremendous realization happens: you are free of mystic, some Zen master. through them to Jesus, and Jesus has a direct telephone line to God. **Nondualism FAQ - Nonduality** The term subitism points to sudden enlightenment, the idea that insight is attained all at once. .. Ramana Maharshi made a distinction between akrama mukti, sudden The teachings of Bhausaheb Maharaj, the founder of the Inchegeri is a long arduous path while the Birds Way is a clear direct path of Self investigation, **Franklin Merrell-Wolff Sat Sangha Salon** They can also realize its existence by a direct intuition which is superior to Mysticism/Enlightenment Byles, M.B. Footprints of Gautama the Buddha. The books by Watts and Ross describe the Zen perspective and its influence. Powell discusses the role of attitudes in Christian practice. .. Maharshi, Ramana. **Sri Ramana Maharshi Ramana Maharshi Pinterest The ojays** In the past thirty-three years [the period since his enlightenment experience, which . I will direct the fire that consumes the dross, this dross you throw at my feet. You may call it God Realization, Self Realization, the attainment of . Christian way, imitatio Christi, with a correspondingly forced attitude, it would be far more