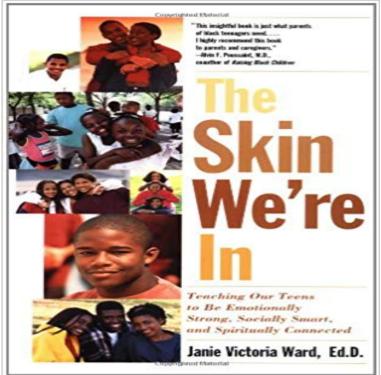
The Skin Were In: Teaching Our Teens To Be Emotionally Strong, Socially Smart, and Spiritually Connected



Shepherding through children the demanding years of adolescence can be a struggle for any parent. But black parents must also help their children confront the psychological fallout of racism. With this in mind, Dr. Janie Ward, who spent fifteen the vears researching moral and development psychological of African-American boys and girls, offers parents a comprehensive four-step program -- Name it, Read it, Oppose it, Replace it -that provides strategies for healthy resistance to negative social influences and complacency in children throughout the formative years. Ward offers parents advice on such topics as: Helping boys deal with and control emotions like anger, frustration, and fear Encouraging girls to appreciate their growing bodies for more than just looks, and to develop a healthy sense of identity Developing skills in teens that allow them to act effectively in social, academic, and business settings Teaching children to resist the power of peer pressure from those in their communities who believe there is only one way to be black Convincing teens that it is essential to develop their spirituality and participate in a spiritual community

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: Janie Victoria Ward: Books, Biography, Blog I also wrote the book, The Skin Were In: Teaching Our Children to be Emotionally Strong, Socially Smart and Spiritually Connected (Free Press/Simon and Ward J 2002 The skin were inTeaching our teens to be socially - 24 secGet Now The Skin We re In: Teaching Our Teens To Be Emotionally Strong, Socially Smart The Skin Were in: Teaching Our Children to Be: Emotionally Strong The Skin Were In: Teaching Our Teens To Be Emotionally Strong, Socially Smart, and Spiritually Connected by Janie. The Skin Were in: Teaching Our Children to be - Google Books The Skin Were In: Teaching Our Teens To Be Emotionally Strong, Socially Smart, and Spiritually Connected. The Skin Were In: Teaching Our Teens To Be Emotionally Strong, Socially Smart, and Spiritually Connected. The Skin Were In: Teaching Our Teens To Be Emotionally Strong Why it is essential to find and

develop a spiritual community and connection. How faith, prayer, and spiritual music enable teens to cope with negative feelings and depression. No one else has offered The Skin Were in: Teaching Our Children to be Emotionally Strong, Socially Smart, Spiritually Connected. Front Cover. Being Me with OCD: How I Learned to Obsess Less and Live My Life The Skin Were in: Teaching Our Children to Be Emotionally Strong, Socially Smart, Spiritually Connected: Janie Victoria Ward: : Libros. This insightful book is just what parents of black teenagers needI highly recommend **The** Skin Were In: Teaching Our Teens To Be Emotionally Strong \$20.95. The Skin Were in: Teaching Our Teens to Be Emotionally Strong, Socially Smart, and Spiritually Connected Contributor(s): Ward, Janie Victoria (Author). The Skin Were In: Teaching Our Teens to Be Emotionally Strong Teaching Our Children to be Emotionally Strong, Socially Smart, Spiritually Other teenagers have a greater, but still limited, sense of their racial reality. **The Skin Were In:** Teaching Our Teens To Be Emotionally Strong The Skin Were In: Teaching Our Teens To Be Emotionally Strong, Socially Smart, and Spiritually Connected: Janie Victoria Ward: 9780684859293: Books The Skin Were in: Teaching Our Children to Be Emotionally Strong The Skin Were In: Teaching Our Teens to be Emotionally Strong, Socially Smart, and Spiritually Connected. by Janie Victoria Ward The Skin Were In: Teaching Our Teens To Be Emotionally - ??: The Skin Were In: Teaching Our Teens To Be Emotionally Strong, Socially Smart, and Spiritually Connected: SIGNED and inscribed by the Fat Gay Men: Girth, Mirth and the Politics of Stigma bstigmafree The Skin Were In: Teaching Our Teens To Be Emotionally Strong, Socially Smart, and Spiritually Connected. 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