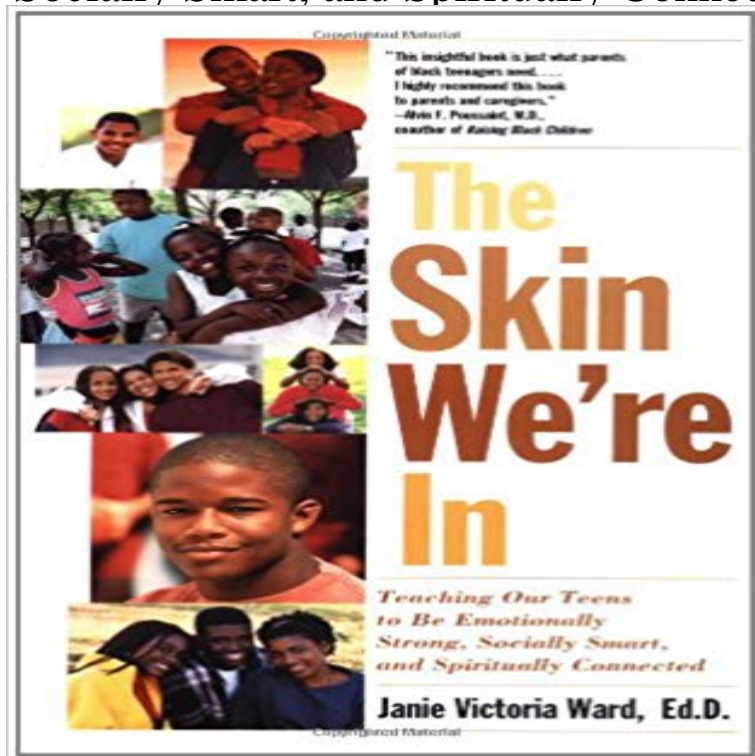


The Skin Were In: Teaching Our Teens To Be Emotionally Strong, Socially Smart, and Spiritually Connected



Shepherding children through the demanding years of adolescence can be a struggle for any parent. But black parents must also help their children confront the psychological fallout of racism. With this in mind, Dr. Janie Ward, who spent fifteen years researching the moral and psychological development of African-American boys and girls, offers parents a comprehensive four-step program -- Name it, Read it, Oppose it, Replace it -- that provides strategies for healthy resistance to negative social influences and complacency in children throughout the formative years. Ward offers parents advice on such topics as: Helping boys deal with and control emotions like anger, frustration, and fear Encouraging girls to appreciate their growing bodies for more than just looks, and to develop a healthy sense of identity Developing skills in teens that allow them to act effectively in social, academic, and business settings Teaching children to resist the power of peer pressure from those in their communities who believe there is only one way to be black Convincing teens that it is essential to develop their spirituality and participate in a spiritual community

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Home Uncategorized The Skin Were In: Teaching Our Teens To Be Emotionally Strong, Socially Smart, and Spiritually Connected **The Skin Were In : Teaching Our Teens to Be Emotionally Strong** How can we best help our youth to be strong, self-confidant and resilient? The Skin Were in: Teaching Our Children to Be: Emotionally Strong, Socially Smart, Spiritually Connected their efforts toward developing family traditions that reinforce core values and teaching teenagers to value what they already have. **Book list: NEYM: Quakers in New England** The Skin Were in has 0 reviews: Published September 6th 2000 by Free Press, 304 pages, Hardcover. The Skin Were in: Teaching Our Children to Be: Emotionally Strong, Socially Smart, Spiritually Connected. by Janie Victoria Ward The Skin Were In: Teaching Our Teens To Be Emotionally Strong, Socially. The Skin **The Skin Were in - Pyramid Art Books & Custom Framing Online Store** The Skin Were In. 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